



# 5k Run/Walk and Team Challenge

## Saturday, June 8, 2019



Registration: 7:45 - 8:45 a.m. - Race Start: 9:00 a.m.  
 Early Packet Pickup - Friday, June 7th: Noon - 6 p.m.

Inner-City Neighborhood Art House • 201 East Tenth Street • Erie, Pennsylvania 16503 • 814-455-5508 • [www.neighborhoodarthouse.org](http://www.neighborhoodarthouse.org)  
 Easy, online registration, downloadable registration forms and additional event information at [www.erieartsole.com](http://www.erieartsole.com)

### REGISTRATION FORM **ONE REGISTRATION FORM** required for **EACH** participant including team members and families. **EACH** form must be signed.

Please print and complete the entire registration form.

Name: \_\_\_\_\_ Gender:  Male  Female

Address: \_\_\_\_\_ Age: \_\_\_\_\_ (as of 6/9/19 - needed for timing and awards)

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Registering for:  5k RUN  5k WALK  1k FUN RUN for Kids (Ages 6-12 - 10 a.m.)  
 (Children who participate in the 5K may also participate in the 1K.)

**TEAM** Each team member must complete this form. Minimum 5 runners/walkers per team. **ALL TEAMS MUST BE PREREGISTERED.**

Team Name: \_\_\_\_\_ Team Captain: \_\_\_\_\_

#### ENTRY FEES

	By May 18	After May 18
Adult/Youth	\$20	\$25
Child 12 & under	\$10	\$12
Max per family	\$50	\$60

**Family Pricing** - please send your completed forms to the Neighborhood Art House in one envelope. Family Pricing: parents, children, grandchildren, foster children, grandparents in one household.

#### PAYMENT

Please return payment to: **Neighborhood Art House**  
 201 East 10th Street, Erie, PA 16503

Enclosed check made payable to **Neighborhood Art House**  
 OR Pay by:  MasterCard  Visa  American Express  Discover

Name on credit card: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

CSC (3 digits on back of card): \_\_\_\_\_ Billing zip code: \_\_\_\_\_

#### Art & Sole Shirt Selection

Adult Shirt Size (Please circle)

Men	S	M	L	XL	XXL	XXXL	No shirt
Women	XS	S	M	L	XL	XXL	No shirt
Child Shirt Size	S	M	L	No shirt			

Registration before **May 18** guarantees you a 12th Anniversary Art & Sole Event Shirt. Shirts for late entries are based on availability. To assure proper sizes please complete this section.

**WAIVER & RELEASE:** In consideration of the acceptance of this entry, I do hereby, for myself, my heirs, executors and administrators waive and release and discharge the organizers, sponsors, the Inner-City Neighborhood Art House and any and all employees, successors, volunteers, service organizations, affiliates and assignees connected with the operation and running of this event from all claims or liabilities of any kind arising now and in the future from my participation in this event. I am aware that, because of insurance limitations, no bicycles, skateboards, roller skates or blades, etc., will be permitted on the course. I know that competing in a road race is potentially dangerous. I certify that I have trained sufficiently for this event. I assume all risks associated with this event. I further agree that I may be photographed or videotaped and that these images may be used for promotional purposes by the Neighborhood Art House. Parent or guardian must sign if entrant is under age 18.

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_  
 (or parent/guardian for entrants 18 years of age or under)

Platinum	Gold	Silver	Bronze	Copper
 	 	Catrabone, Catrabone & Associates Humes Chrysler Jeep Dodge & Ram MacDonald Illig Jones & Britton LLP Scott Enterprises Times Publishing Company	Elderkin Law Firm ERIEBANK Griffith Properties Hanes Erie, Inc. Marsh Schaaf Law Firm Morris Coupling Co. RBC Wealth Management St. Vincent's Cardiology The Clinton Press, Inc. U.S. Bulk Transport, Inc. Velocity Network	AFLAC, Donna J. Shaw Bartlett Signs Champion Bolt, Inc. Denny's Ice Cream Stand FitKids Kerr's Tire Komer LPL Financial MAXPRO Technologies, Inc. Nash Chiropractic Northwest Bank Plymouth Tarvern Professional Nutrition Consulting, LLC Reddog Industries, Inc. Team Hardinger Trucking - Brokerage - Warehousing

**THANK YOU TO OUR SPONSORS**

Sponsors listed as of March 18, 2019

## From the Desk of Sr. Annette

**BE KIND.** That's what the buttons and magnets say. Distributed during Catholic Sisters Week in early March, they state the obvious, kindness is sorely needed always, but especially now.

Bullying among children, hateful or bigoted expressions in our language, our inability to discuss differences of opinion without rancor, violence in our families and neighborhoods – these are signs of a society that is adrift from the basic values of mutual love and respect.



How do we change this? As Jane Goodall states, "What you do makes a difference, and you have to decide what kind of difference you want to make." We decide to build up or tear down ourselves, each other and society itself through our everyday behaviors. Children or adults, affluent or needy, powerful or weak we can all be part of the solution. "Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world." Desmond Tutu Every act of kindness builds a connection, and the connections build a society. Essentially, it all boils down to how we treat one another.

*"I expect to pass through life but once. If, therefore, there be any kindness I can show, or any good thing I can do to any fellow being, let me do it now, and not defer or neglect it, as I shall not pass this way again."*

William Penn

*Sister Annette*

## Art Displays and Competitions



Teajanae J.

At the request of Judge Elizabeth Kelly, a series of black and white photographs taken by Lourdes Jasso's photography students and framed by Sarah Everett, Program Assistant, are on display on the second floor of the Erie County Courthouse. The theme of this show is *A Child's View of Erie*. Other display and competition opportunities that will have NAH artwork submitted include The Tom Ridge Environmental Center and the Barber National Institute upcoming art shows. As always, the walls of the Art House display children's art throughout the year in an effort to celebrate each child's art experiences.

## MEMORIALS

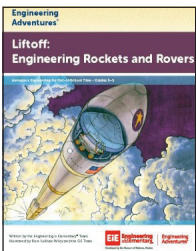
A special thank you to the family of  
**Berta Wilhelmine Liedtke**  
Died - December 2018  
for designating memorials to the  
Neighborhood Art House in her memory.

## DATES OF NOTE

April 4	7:00 - 8:30pm	Discover Your Inner Artist: Back to Nature Easter Baskets
April 11	7:00 - 9:00pm	Discover Your Inner Artist: Drawing Spring Flowers
April 15 - 22		Spring Break for Students
May 2	7:00 pm	Spring Music Recital
May 9	7:00 pm	Winter/Spring Open House
May 14 - 17	2:00 - 4:00 pm	Discover Your Inner Artist: Pastels Workshop
June 8	9:00 am	12 <sup>th</sup> Annual Art & Sole
June 24	10:00 am	Art House Summer Session Begins

## Summer Program Partnership

We're thrilled to be collaborating with the Erie Experience Children's Museum to offer *Engineering Adventures*, as part of our 2019 summer program. The two-hour class will be one hour engineering and one hour art and is offered as part of the new STEAM approach that aims to prepare children for the future through **Science Technology Engineering Art and Math**. The engineering portion will be taught by Breanne Dougherty, Erie Experience Children's Museum; the art portion will be taught by our own Lourdes Jasso. The art pieces produced during this class will be on display at the Children's Museum and children will receive 4 free passes to see the display with their family.



## Taste of the Arts Preview



Asmita (age 13), receives instruction from Benedictine Postulant Jen Frazer as she begins to paint one of many spoon rests, trivets, and coasters being done "in the manner of" various famous artists. These and other kitchen-related items will be featured at the 2019 Taste of the Arts: **The Arts . . . Our Secret Ingredient**. Save the date – **September 10, 2019** - for the 22<sup>nd</sup> Annual Taste of the Arts.

## Donor Corner



Pictured are from L to R: Mike Batchelor, President, The Erie Community Foundation; Kelly Stolar, CFRE, NAH Development Director; Sister Annette Marshall, OSB, NAH Executive Director; Rachel Cacchione, Community Impact Associate and Patrick Herr, Community Impact Director, The Erie Community Foundation

Two current priorities, building security and organizational visibility, took on new life as three funders stepped up to join ECGRA (the Erie County Gaming Revenue Authority) who previously awarded \$25,000 for the project, as sponsors. **The Blake Family Foundation** awarded \$1,000 to the project in December 2018. In January **The Erie Community Foundation** awarded \$8,500 toward increasing building security through upgrading the surveillance camera system and installing a remote door attendant system designed to prevent unauthorized entry



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into the building. In February the **Erie Insurance Foundation** awarded \$10,000 toward the visibility project which includes installation of a new electronic sign and building mural. These will both identify the building, visually express our purpose and announce upcoming events and enrollment periods. The Neighborhood Art House will be safer and more visible to the public because of these generous funders.



Pictured L to R Back Row: Kelly Stolar, CFRE, NAH Development Director; Sister Annette Marshall, OSB, Inner-City Neighborhood Art House Executive Director; Kathleen Burik, Erie Insurance Marketing Manager; Ashleigh Montagna, Erie Insurance Senior Marketing Communications Specialist. Pictured from L to R Art House students: Joshua (12yrs); Armani (8yrs); Nhu (11yrs); Rickiemarie (10yrs).

*Thank you, thank you*

to everyone who has already responded to our recently mailed appeal. The funding from this appeal will increase our capacity to serve Erie's inner-city children.

This appeal was largely the effort of the Marketing Committee, chaired by Kathleen Burik, with assistance from the Development Committee, chaired by Tammy Roche. As always, we are grateful for the generosity with which they share their talents with us.

If you have not yet had an opportunity to consider a donation, you might wish to use the enclosed donation envelope.

Again, our sincere gratitude for your support.

## Green Team Challenge

*(Continued from front page)*

- One trillion plastic bags are used worldwide each year, with an average "working life" of just 15 minutes.
- Estimates for how long plastic endures range from 450 years to forever.
- Some 9 million tons of plastic end up in the ocean each year.
- It takes a lot of energy to make a plastic straw, and restaurants throw away 45,000 plastic straws a year.

Plastics form a swirling mass called the Great Pacific Garbage Patch. Currents and winds move the garbage patch throughout the oceans harming plants, animals and coral reefs.

**Take the Plastic Pledge:  
Skip the Straw!**



201 East Tenth Street  
Erie, Pennsylvania 16503-1007

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Are you receiving multiple copies of Neighbor to Neighbor? Is the addressee no longer residing at this address? Would you prefer not to receive Art House mailings? To be removed from our mailing list, please send us the mailing panel marked *remove from mailing list* or email [nah@neighborhoodarthouse.org](mailto:nah@neighborhoodarthouse.org) with the name and address to be removed.

## NYC Hip-Hop Group Visits The Art House



The NYC group *Legendary Cyphers* turned a cold February Friday into an afternoon to remember when they paid a "surprise" visit to the children. Jen Dennehy, hoop-dance teacher, arranged an impromptu assembly with this "authentic NYC Hip-Hop group" that was in town to present themselves to various entertainment venues. Within moments they had the children on their feet and moving to their rap that promoted each person's joy in reaching out to others and in celebrating who they are and what they can become.

## WISH LIST

**Art supplies:** fiber fill, polymer clay (all colors), Model Magic air dry clay, knitting needles, markers (thick and thin), pre-cut cotton quilt squares, hand sewing needles, gift cards to stores carrying art supplies

**Environment Program:** suet, bird seed, potting soil, jiffy grow pots

**General supplies:** personal care products (shampoo, body soap, combs/brushes, toothbrushes & paste, etc.) healthy snacks, boxes of facial tissues, warm socks, gloves, scarves (children ages 7-14) laundry soap, dryer sheets

## Discover Your Inner Artist

## Spring Series

Shake off the winter doldrums with spring art classes for adults at the Neighborhood Art House. Here is an opportunity to take time off and try something new or continue to build a skill that gives you joy. Full descriptions and on-line registrations are available on our new website [www.neighborhoodarthouse.org](http://www.neighborhoodarthouse.org) under Upcoming Events. All classes are taught by Neighborhood Art House faculty, any proceeds from these events help to support classes for inner-city children.

### Back to Nature Easter Baskets

Dates: April 4  
Time: 7:00 pm Cost: \$30  
Instructor: Chris Bowler

### Drawing Spring Flowers

Date: April 11 (one session)  
Time: 7:00 pm Cost: \$25  
Instructor: Jonilee Hlusko

### Pastels Workshop

Dates: May 14 - 17 (4 sessions)  
Time: 2:00 - 4:00 pm Cost \$60  
Instructor: Mary Kay Geary